



Systems of Care Work for **Health Care**

How to Use

This Customizable
PowerPoint Presentation

Overview

This customizable PowerPoint presentation was designed for use by systems of care to introduce themselves and the concept of systems of care to child-, youth-, and family-serving partners.

This presentation is copyright free and is completely customizable. Users can alter this presentation in any way, including, but not limited to: information and data, design, slide order, and sample script.

Information about systems of care can be found at *www.systemsofcare.samhsa.gov*.

Information about how to use PowerPoint can be found at *www.office.microsoft.com*.

About This Presentation

This customizable PowerPoint presentation was developed for Federal system of care communities by the Caring for Every Child's Mental Health Campaign of the Center for Mental Health Services within the Substance Abuse and Mental Health Services Administration of the U.S. Department of Health and Human Services.

Content was developed in partnership with local systems of care, systems of care partners, the Technical Assistance Partnership, and the National Evaluation Team. These individuals contributed information, substantive review, and feedback.

Questions about this PowerPoint presentation should be directed to your social marketing technical assistance provider.

Using Data

The data in this presentation are from a variety of sources. Citations have been provided in the notes section. If you want to include the citation in the slide, cut and paste it from the notes section.

Users are encouraged to update or modify the data as is appropriate and necessary. The Campaign highly recommends using data from credible sources and having citations available to members of the audience.

The Goals of the PowerPoint Series

The goals of these PowerPoint presentations are:

- Increase awareness of mental health needs and services for children and youth among mental health providers, CMHI communities, intermediary group/organizations, and the public;
- Build capacity within CMHI communities to sustain services and support to children and youth with serious emotional and behavioral disturbances and their families;
- Reduce the stigma associated with mental illness;
- Increase the likelihood that children and youth with serious emotional and behavioral disturbances and their families are appropriately served and treated; and
- Demonstrate that the needs of children and youth with serious emotional and behavioral disturbances and their families are best met through utilization of systems of care.

This series of PowerPoint presentations was developed at the request of numerous systems of care communities who recognized the need for an easy-to-use presentation tool to support local partnership development for systems of care.

Inserting Local Information

This presentation can be enhanced substantially by including local data and a case study from your system of care. Conduct your presentations with and about the youth and families in your communities whenever possible. Their stories are the best way to illustrate the benefits of your system of care to decisionmakers, opinion leaders, and potential partners.

Template slides have been included for you to add this information. If local information is not available, these slides can be deleted.

Using the Sample Script

A sample script has been included in the notes section to help users understand how the slides work together and to provide a basis for a presentation.

The sample script is only a suggestion. Users are encouraged to modify it to meet their needs or to develop their own.

Modifying the Design

The slides have been designed so they are consistent with the Campaign's look and feel. Here are some of the ways you can customize the design:

- Logos can be added to the upper right hand corner of some slides.
- Citations can be included in the long horizontal box at the bottom of most slides.
- The bottom right section of most slides is reserved for the presentation's name, slide number, or any other information you want to add.
- The name of the presentation can be changed on each slide.

System of care communities may want to use slide layouts that more closely reflect their materials. Users are encouraged to cut and paste information from these slides into their own designs.

Logo Guidelines

The Substance Abuse and Mental Health Services Administration has rules regarding the use of its logos and other identifying marks. Generally speaking, users are encouraged to use their own logos and identifying marks, as they are not officially representing the Campaign, the Center for Mental Health Services, or the Substance Abuse and Mental Health Services Administration.

For more information on whether or not a SAMHSA, CMHS, or Campaign logo can be used in your presentation, please contact your social marketing technical assistance provider.



Systems of Care Work for **Health Care**

PRESENTED BY:



[Your LOGO]

[Your Name and Title]
[Your System of Care Community's Name]
[Your Contact Information]



Systems of Care and Health Care Providers Share Common Goals

- Prevention of disease and injury
- Promotion of healthy behaviors
- Help for the sick and hurt
- Accessible health services for all Americans



**Meeting the mental health
needs of children and
youth is important for
achieving these goals.**





Facts About Children's Mental Health

- 1 in 5 children have a mental health challenge, according to the Surgeon General's Report on Mental Health.
- Only half receive services they need.
- Gaps in the mental health service delivery system suggest alternatives for identification and treatment.





Mental Health Is Important to Overall Health

Physical signs of mental health problems:

- Back pain
- Change in appetite
- Chest pain
- Constipation or diarrhea
- Dry mouth
- Extreme tiredness
- General aches and pains
- Headaches
- High blood pressure
- Insomnia
- Lightheadedness
- Palpitations
- Sexual problems
- Shortness of breath
- Stiff neck
- Sweating
- Upset stomach
- Weight gain or loss



Mental Health Is Important to Overall Health

Health and health-related problems associated with untreated mental health needs:

- Alcohol, tobacco, and/or substance abuse
- Psychosomatic symptoms
- Risky behaviors
- Slow recovery or poor health outcomes
- Suicide





Health Care Providers Play Key Roles

- Caregivers are more apt to raise concerns about mental health with primary health providers than mental health professionals.
- Youth are likely to raise concerns about depression with general practitioners or family doctors.
- Federally funded health centers are also critical providers of mental health services for those in need.



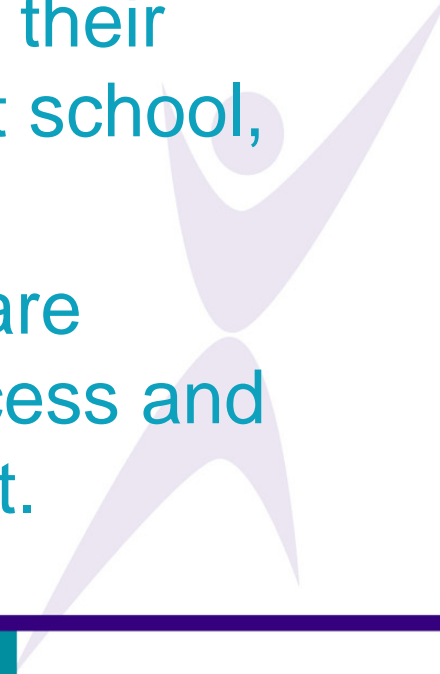
But Realities Can Intervene

- Time constraints for patient visits
- Many States do not provide for identification or screening for mental health issues under Medicaid
- Reimbursements for identification and treatment can be difficult
- Primary care providers may not be fully trained to recognize the range of disorders that can affect children and youth
- Primary care providers may not know the full range of mental health services and supports that are available to children and youth



What Works for Children and Youth?

- When children with serious mental health needs receive coordinated services, their functioning substantially improves at school, at home, and in their community.
- Systems of care can help primary care providers by easing the referral process and providing case management support.



Systems of Care

**Helping children and youth with
serious mental health needs and
their families**



What Are Systems of Care?





A System of Care Is... A Community Partnership

Among families, youth, schools, and public and private organizations. System of care partners may represent:

- Primary health care
- Child welfare
- Mental health and substance abuse professionals
- Juvenile justice
- Education
- Families
- Other community organizations





A System of Care Is...

A Part of a National Initiative

- Established by Congress in 1992
- Currently, more than 60 system of care communities
- Funded through cooperative agreements to States, communities, territories, and Tribal Nations
- Administered by the Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services





A System of Care Is... **Guided by Core Values**

- Family-driven and youth-guided
- Culturally and linguistically competent
- Community-based





A System of Care Is... Federally Evaluated

- Measures progress of children, youth, and families in systems of care
- Informs decisionmakers and the decision-making process
- Ensures accountability at the Federal and community level





A System of Care Is... Comprehensive

Because it is a coordinated network of community-based services and supports that are organized to meet the challenges of children and youth with serious mental health needs and their families





How Do Patients and Health Care Providers Benefit From Systems of Care?

- Improved functioning
- Fewer emotional and behavioral problems
- Improved communication and coordination





Benefit: **Improved Strengths**

Behavioral and Emotional Rating Scale

- Intake to 6 months improved 39.8 percent
- Intake to 18 months improved 43.5 percent
- Intake to 36 months improved 47.7 percent





Benefit:

Fewer Emotional and Behavioral Problems

Child Behavior Checklist

Intake to 6 months

- Improved 35.4 percent
- Stayed the same: 53.3 percent

Intake to 30 months

- Improved 58.2 percent
- Stayed the same: 34.1 percent



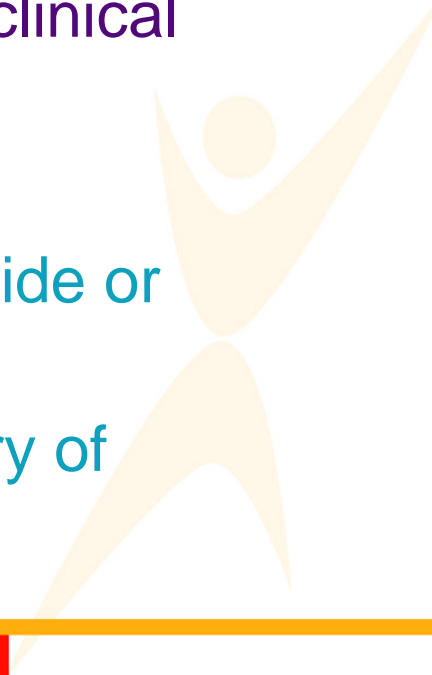


Benefit:

Improved Functioning and Fewer Emotional and Behavioral Problems

Number of children with CBCL scores in the clinical range for depression

- Decrease for children with a history of suicide or ideation: 11.4 percent
- Decrease for children with no known history of suicide or ideation: 5.7 percent

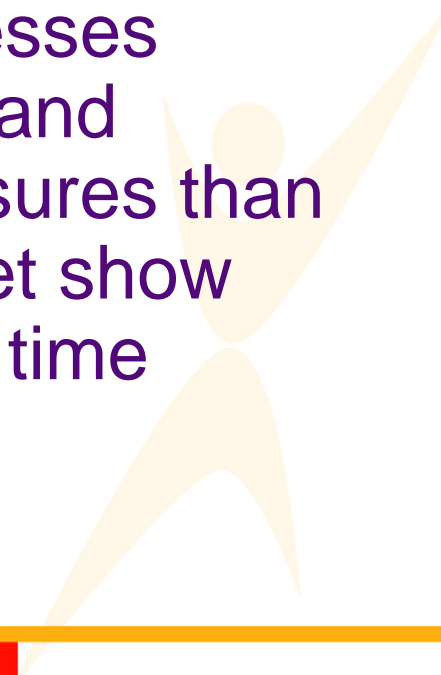




Benefit:

Improved Functioning and Fewer Emotional and Behavioral Problems

- Children and youth with chronic illnesses have significantly higher behavioral and emotional problems on clinical measures than children without chronic illnesses, yet show similar rates of improvement across time when enrolled in a system of care.





Benefit:

Improved Communication and Coordination

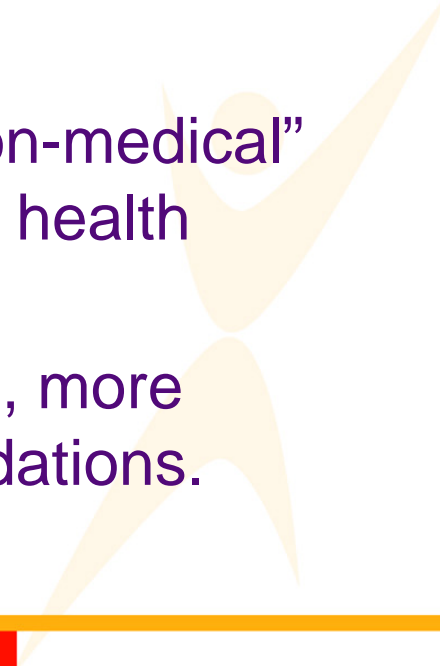
- Systems of care help improve communication among all those serving children and families (i.e., primary and mental health care providers, schools, child welfare, etc.), which allows public health workers to better understand and treat their patients' conditions.
- Systems of care can coordinate a wide range of services and supports for children, youth, and families, which may reduce the burden on health care providers.

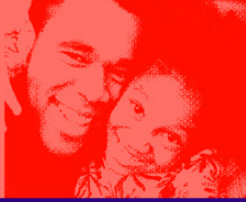


Benefit:

Improved Communication and Coordination

- Health care providers can help treat the cause rather than just the symptoms.
- Patients can be referred to successful, “non-medical” approaches, which reduces the burden on health care systems.
- Families are more engaged and, therefore, more likely to comply with treatment recommendations.





Who We Are





Who We Serve





Our Partners



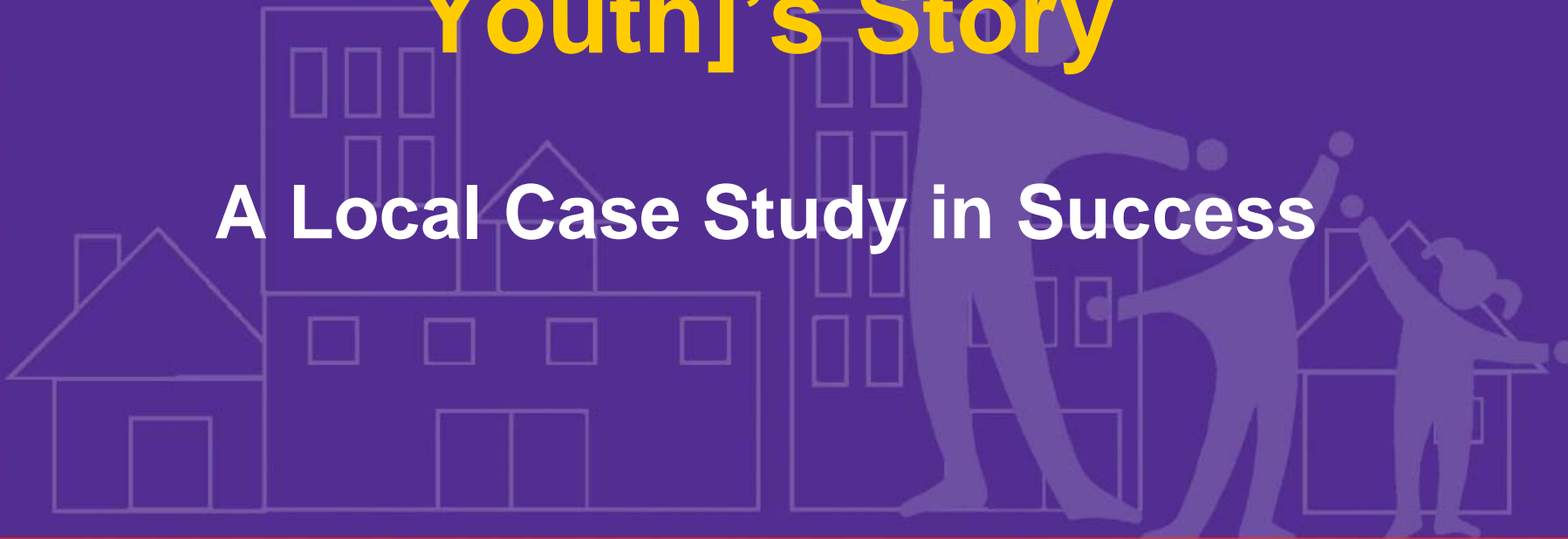


Our Outcomes



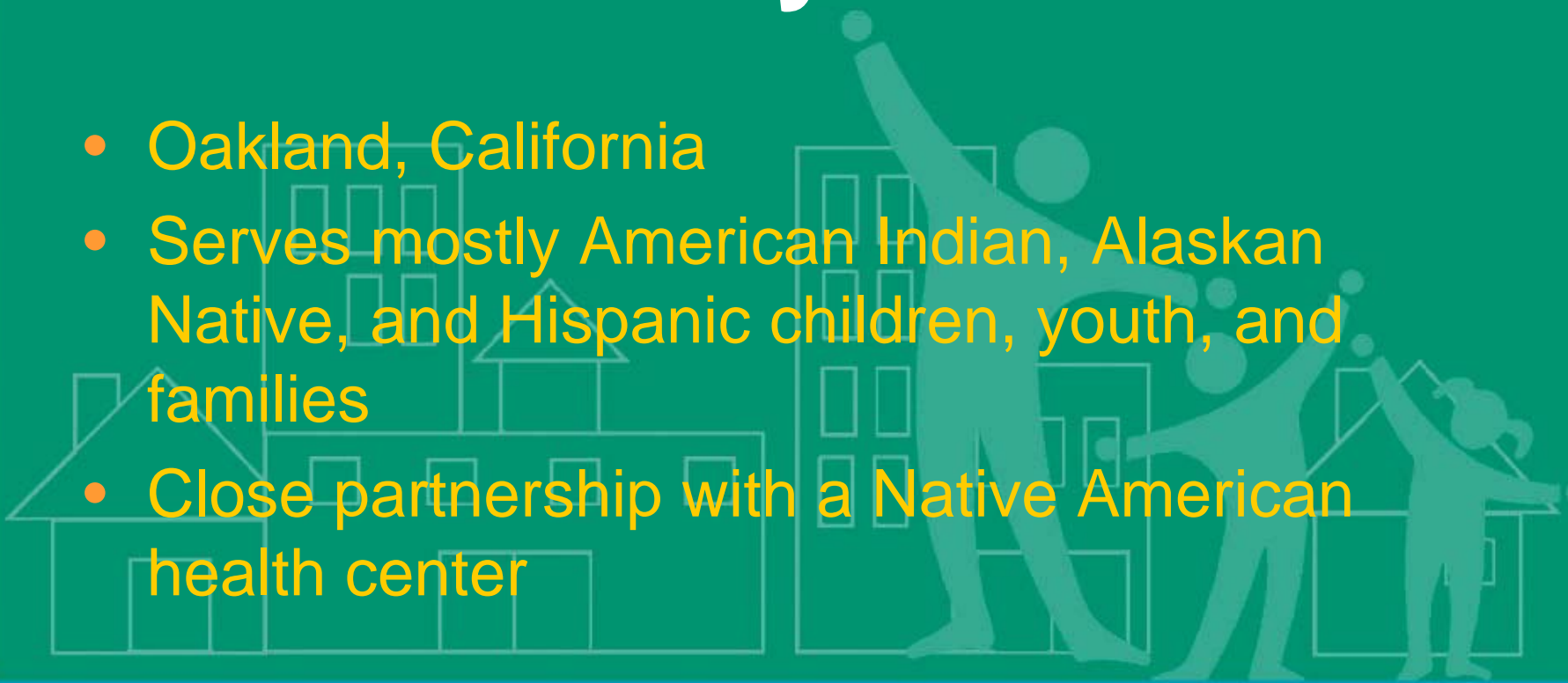
[Insert Name of Child Or Youth]’s Story

A Local Case Study in Success



Systems of Care and Public Health: A Case Study in Success

- Oakland, California
- Serves mostly American Indian, Alaskan Native, and Hispanic children, youth, and families
- Close partnership with a Native American health center





Outcomes of the System of Care Partnership in Oakland, California

- Increased cultural competence
- Improved communication and coordination
- Improved mental health outcomes





Outcome:

Increased Cultural Competence

- Service providers understand families' needs.
- Service providers understand families' beliefs about mental health.
- Service providers treat children, youth, and families with respect.





Outcome:

Coordination and Collaboration

- Health and mental health services more fully integrated
- Health care providers can refer patients to a viable network of non-medical supports and services to meet their needs

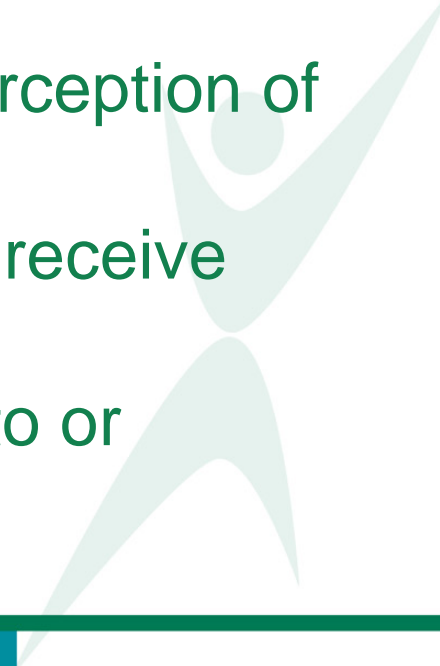




Outcome:

Improved Mental Health Outcomes

- Interpersonal strengths—the ability to interact with others in social situations
- Intrapersonal strengths—one's own perception of his or her own functioning
- Affective strengths—ability to give and receive affection
- Family involvement—the commitment to or relationship with their families





What Our Partnership Could Accomplish

- Improved care for children and youth with serious mental health problems
- Better coordination and collaboration among health care and mental health care providers
- Better access to comprehensive mental health care and related services for children and youth
- Healthy children and youth



How Can We Work Together To Support Children's Mental Health Needs?

For more information, contact:

[Your Name and Title]
[Your System of Care Community's Name]
[Your Contact Information]

